

International All Martial Arts Federation e.V.



REGULATIONS

Breaking



Introduction:

The regulations of IMAF of February 2017 were revised in October 2019.

Due to the cooperation with the Tiger & Dragon Association, the regulations of IMAF were partly adapted to TDA Int'l and extended by individual categories (such as Grappling and Kumite).

Note:

Each competitor is responsible for his own to read and deal with this rules book.

BREAKING

General:

Holder for the boards are not provided by the organizer, each participant is responsible for the provision of his board holder.

Wood Breaking – Number of boards / stations:

In Wood Breaking a maximum of 5 stations may be set up. Each station may have a maximum of 3 boards.

IMPORTANT: 5 boards are included in the entry fee. Any additional board needed can be purchased at cost at the tournament

3

Creative Breaking – Number of boards / stations:

Creative Breaking allows a maximum of 8 stations to be set up. The number of items to be struck are announced by the competitor and are freely selectable.

IMPORTANT: Breaking test material is not included in the entry fee. These must be brought for the Creative Breaking itself.

Thickness of the boards:

The thickness of the boards is 1,8 cm for kids.

The thickness of the boards is 2,8 cm for adults.

Scoring:

The thickness of the boards is 1,8 cm for kids.

Points:

| | |
|--|--------------|
| Kick | 1 point |
| Hand | 2 points |
| cracked kick | 2 points |
| twisted and crackd kick | 3 points |
| 2 kicks consecutively without putting down the leg | 2 points |
| Additional board per station | plus 1 point |