

International All Martial Arts Federation e.V.



REGULATIONS

Duo-System



Introduction:

The regulations of IMAF of February 2017 were revised in October 2019.

Due to the cooperation with the Tiger & Dragon Association, the regulations of IMAF were partly adapted to TDA Int'l and extended by individual categories (such as Grappling and Kumite).

Note:

Each competitor is responsible for his own to read and deal with this rules book.

DUO-SYSTEM

General:

The duo system is a special self-defense system.

Here, two partners compete together and demonstrate a show fight – attacks are given.

In addition to the overall dynamic impression, the accuracy of the technique is evaluated.

There are a total of 3 series with 4 attacks each. From each of these series, the partners must alternately show 3 techniques.

Before the fight, 3 attacks per series will be drawn by the court. The second pair shows the same attacks, but in a different order given by the referee.

The groups or the attacks of the individual groups are divided as follows:

- Series A: Grabbing, clasping, neck lever
 1. Wrist grasping or lapel grasping
 2. Choking from the front, from behind or from the side
 3. Clasping from the front, from behind or from the side – or gagging with the forearm from behind
 4. Clasp the neck from the side or from the front
- Series B: punch, impact and kick techniques
 1. Jap / punch to the head or stomach
 2. Uppercut to the chin or hook
 3. Front kick (Mae Geri)
 4. Roundhouse kick (Mawashi Geri)
- Series C: attacks with weapons
 1. Attack with knife from the top or side from inside to outside or from outside to inside
 2. Attack with knife straight from the front
 3. Stick – from above
 4. Stick – from the outside (haed!)

Each attack must be prepared by an advance attack such as bumping, punching, kicking, pulling, etc. Whether the attack is carried out right-handed or left-handed, the competitors may decide for themselves.

The role of the attacker and the defender is arbitrary. The defender may choose the defense technique freely.

The defender is said to have the court martial on his right in his first attack in each series. In further attacks, the page is freely selectable. After each series, the jury announces its rating.

If necessary, the Referee will display false attacks stating the number of the wrong attack.

The maximum recovery time of a pair of fighters between two fights is 5 minutes.

Equipment:

Red and blue competition belts are available to differentiate between the fighters. The competitors need a short stick (50 - 70 cm) and a training knife

Classification:

There are men, women and mixed teams.

4

Evaluation:

- Powerful attack
- Accounting
- Control
- Effectiveness
- Reality
- Speed
- diversity

Procedure:

The competition pairs face each other in the middle of the competition area - at a distance of 2 meters.

The first pair wears a red competition belt, the other pair a blue competition belt.

At the instruction of the chief referee, the pairs bow: first to the Referee, then to each other.

The second pair leaves the mat area.

When the Referee announces the first attack by calling the number of the attack and indicating the number with his fingers, the fight begins.

After the end of the first series, the first couple kneels and gets the score.

Subsequently, the first competition pair leaves the mat area.

The second pair shows the attacks of the first series and receives the points.

Now the first pair starts with the second series and gets the points etc.

After the last series of the last couple the fight is over. The two couples regain their place in the middle of the mat area, as instructed by the Referee, and the Referee announces the winning pair.

In a draw (HIKIWAKE), the fight continues until a winner is determined. Here the couple starts with a blue competition belt

After the Referee has announced the winning pair, the pairs bow - first to each other, then to the Referee.

No show:

If a pair does not appear after calling three times, the referee announces FUSEN GACHI (victory by resignation of the opponent).

If a pair withdraws from the competition during the fight, the Referee announces KIKEN GACHI (victory by task).

Team competitions:

Team competitions are possible. The same rules apply as for individual competitions.